

Кыргызстандын үй-бүлөөлүк дарыгерлеринин I-и курултайы Бишкек шаары, 29-30 октябрь 2015 жыл I-st congress of general practitioners and family physicians of Kyrgyzstan Bishkek, October 29-30, 2015

І-й съезд врачей общей практики и семейных врачей Кыргызстана г.Бишкек, 29-30 октября 2015 года



# I-st congress of general practitioners and family physicians of Kyrgyzstan

Bishkek, October 29-30, 2015

### **Invitation and Program**

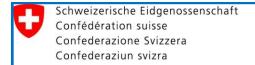
#### **Organizers:**

Ministry of Health of the Kyrgyz Republic

I.K. Akhunbaev Kyrgyz State Medical Academy

Associations of Family Physicians and Family Nurses of Kyrgyzstan

**Kyrgyz State Medical Institute for Retraining and Continuous Education** 



Embassy of Switzerland in the Kyrgyz Republic Кыргыз Республикасындагы Швейцариянын Элчилиги Посольство Швейцарии в Кыргызской Республике

### Health Domain of the Swiss Cooperation in Kyrgyzstan



#### **Projects in the Health domain:**

- Budget Support to the Health SWAp in the Kyrgyz Republic;
- Community Action for Health Project;
- Health care waste management in hospitals of Kyrgyzstan;
- Medical Education Reform project;
- Health Facilities' Autonomy in Kyrgyzstan.

The main areas of Swiss cooperation include support for reforms of medical education, including the introduction of new curriculum and teaching methods, resulting in more, and better qualified health professionals working in rural areas. The creation of community health committees in Naryn province has proved a particular success: here, rural communities are encouraged to define their health problems and priorities themselves, and then work towards solutions with the support of the Ministry of Health. Village committees are set up to give advice on healthy lifestyles. Naryn province has seen such



positive effects on health, and on local participation, that the programme is now being extended across the country. Hospital autonomy is also being encouraged, with a special focus on human resources, quality, and financial management. A further project is tackling hospital waste, which can be a risk to personal and environmental health if not managed properly. 181 health centres across the country have introduced safe waste management practices, and these are being supported by infection control measures designed to reduce hospital acquired infections.

The projects are being implemented primarily by the national health authorities, the World Bank, Public Foundation "Initiatives in Medical Education", Geneva Medical University, VEK-Consulting, GFA and the Swiss Red Cross.







Additional information: www.eda.admin.ch/bishkek

#### Dear colleagues, dear friends!



On behalf of the Ministry of Health I would like to invite you to participate in the I-st congress of general practitioners and family physicians of Kyrgyzstan!

In 1978, during the adoption of the Alma-Ata WHO Declaration, primary health care was recognized as the most cost effective solution in provision of basic medical services. Adhering to the principles and values that are the basis of the Alma-Ata Declaration, since 1996 Kyrgyzstan has been developing family medicine. With the assistance of donor organizations we retrained hundreds of physicians in the family, we create a family physicians group (FPG), and then - Family Medicine Centers (FMC). In 2014, primary health care to the population of the

republic provided 65 FMC, 28 General Practice Centers 1020 feldsher-midwife stations, which operate 709 FGP employs 4917 doctors, including - family - in 1432 and 6191 mid-level professionals. However, the current family medicine in our country is faced with specific problems.

Meanwhile, family physicians (GPs) can play a crucial role in strengthening primary health care. This role unfortunately is still underestimated as in many other countries. To fulfill this unique role of family physicians they need special training, minimum necessary equipment and decent working conditions. Important focus throughout the health system primary care, and recognition of the leading role of the family physician by specialists. Training family physicians must be constant and continuous, starting at the undergraduate level, will continue at the postgraduate level, and maintaining a continuous medical education at the workplace, in primary care. International studies show that the reorientation of training of doctors in the outpatient level does not require additional investments, and only requires a reorganization of the educational process. Therefore educational reform carried out currently in the Kyrgyz State Medical Academy, it is sorely needed, and will solve the problem of lack of qualified and specially trained personnel for primary care.

All these questions will be discussed at the congress. It is time to rethink our ideas about primary health care and the role of primary care providers. Congress, of course, will be a historic and important event, because for the first time it will bring together primary care, specialists and experts in various fields of medicine. A keynote address at the Congress by the International leaders - representatives of the World Organization of Family Medicine WONCA: President Michael Kidd (Australia), President elect Amanda Howe (UK), President WONCA Europe - Job Metsemakers (Netherlands), as well as leading experts from the CIS countries.

Welcome to the Congress in the capital of Kyrgyzstan solar - Bishkek!

Minister of Health of the KR, doctor of medical sciences, prof. T.A. Batyraliev

#### **Dear Friends and Colleagues!**

As the president of WONCA, our World Organization of Family Doctors, I am looking forward to joining you at the 1st Congress of General Practitioners and Family Doctors of Kyrgyzstan, being held in Bishkek on 29-30 October, 2015. I am very pleased that I will be joined at the Congress by our WONCA president-elect, Professor Amanda Howe from the United Kingdom, and our WONCA Europe president, Professor Job Metsemakers from the Netherlands. I am sure you will find this conference a rewarding and enjoyable experience, and that you will make many new friends among our family medicine colleagues from across Central Asia, from the nations of the Commonwealth of Independent States, and from around the world, attending this congress. I congratulate everyone involved in the organisation of this conference, especially Minister of Health of Kyrgyz Republic, Prof. T.A. Batyraliev, as President of the Organizing Committee of the Congress, and Professor Nurlan Brimkulov, Deputy Chairman of the Organizing Committee of the Congress. Family medicine has the power to play a transformative role in the shaping of



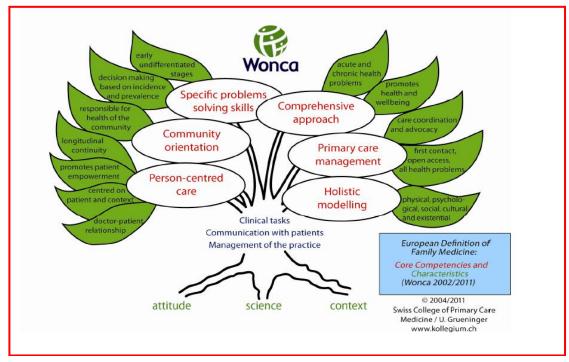
all societies, as we are seeing in many countries around the world. Strengthening family medicine, as a core component of primary care, is of incredible importance in each of the nations of the world and this congress will allow us to join together in working to meet the challenge of ensuring universal health coverage for all people.

There is hope for global health as the world wakes up to the importance of strengthening primary care and the important role we play as family doctors in ensuring universal health coverage and high quality care.

Amanda, Job and I look forward to meeting you and having the opportunity to speak with you during the conference.

Best wishes,

Professor Michael Kidd The President, World Organization of Family Doctors (WONCA).



Today GP is the main representative of public care system who is competent in a great extent. Above is the tree of competence of the GP/FP according to WONCA (2011).



#### Dear colleagues! Dear friends!

I would like to cordially greet the organizers and participants of the 1st Congress of general practitioners and family physicians in Kyrgyzstan.

Despite the fact that the general practice (family medicine) - (GP/FM) is a relatively new profession; it became a priority for the development of health of the Kyrgyz Republic (KR), the foundation of the accessibility and effectiveness of therapeutic and preventive care. It should be noted that the development of family medicine in the Kyrgyz Republic has a nearly 20-year history, starting the National health care reform program of the Kyrgyz Republic "Manas" (1996-2006), the main components of which included the strengthening of primary health care (PHC) and the formation of the institute of family medicine. Further fundamental

development of family medicine gained in the implementation of national reform programs of Health "Manas Taalimi" (2006-2010) and of the "Den Sooluk" (2012-2016). In 2012 the PHC of the KR included 65 primary care family medicine centers, 28 centers of general practice, where employed 692 groups of family physicians. Adherence to the further development of general practice is reflected in the Strategy for the protection and promotion of public health of the Kyrgyz Republic until 2020 (Health 2020). The administration of Ministry of Health consistently makes a transition to primary care general practice. Particular attention is paid in training of personnel. As part of the Strategy for reform of higher medical and pharmaceutical education of the Kyrgyz Republic and the draft Strategy for the Development of postgraduate and continuing medical education in the Kyrgyz Republic for the period 2014-2020 years, revised curricula in the field of "Medicine" and "Pediatrics," with a focus on training of general practitioners (family physicians); introduced clinical residency and internship in specialty "Family Medicine"; carried out pilot projects to develop credit accumulation system; introduction of modern educational technologies; simulation centers, distance education.

I-st Congress of general practitioners and family physicians in Kyrgyzstan is an important event for the future development of family medicine in the country. Theme of the Congress touches on many topical issues of primary health care based on the family physician, training of personnel, and scientific research in general practice.

I am convinced that the participation in the congress, the exchange of experiences to strengthen the science and business, including international, communication of specialists who are studying the problem, will give a new impetus to the development of general practice (family medicine) in our countries, and proposals which will be worked out in the course of this event will make a significant contribution to the improvement of primary health care in order to preserve public health.

Good luck in the Congress!

President, Association of General Practitioners (Family Physicians), Russian Federation, Head specialist on general practice (Family Physician), Ministry of Health, Russian Federation, Academician of RAS, professor I.N. Denisov

## Information for participants

	The Kyrgyz National Philharmonia			
Congress venue	I.K. Akhunbaev Kyrgyz State Medical Academy (KSMA), Bishkek city, 92, Akhunbaev			
	str.			
	October 29, 2015 from 8:00 to 9:00 in foyer of National Philharmonia			
Registration	October 29, 2015 from 12:00 to 13:00 in foyer of KSMA			
	October 30, 2015 from 8:30 to 9:00 in foyer of KSMA			
Registration fee	300 som			
Language	Official languages of the Congress: Kyrgyz, Russian, English			
2				
	Exhibition of medical equipment and medicines will be placed in foyers of National			
Exhibition	Philharmonia and KSMA			
	Opening hours: from 9:00 till 16:30 on 29 <sup>th</sup> and 30 <sup>th</sup> of October			
	The duration of the reports mentioned in the program of meetings. In the meeting rooms			
Rules and regulations	will operate multimedia slide projectors.			
Kindly requested to switch off				
Mobile telephones	the mobile phones in conference rooms!			
	Poster presentations will be held with the discussion. Poster presentations shall be posted			
	on 29 <sup>th</sup> of October from 12:00. The speakers should be at their stands from 14:00 to 16:00			
Poster presentations	for discussion. The results of the discussions will be presented at the closing plenary			
	meeting.			
C.L. 1. C.	A second of the			
Schools for	As part of the Congress on 29th and 30th of October will be held lectures and Schools for			
practitioners and	general practitioners and family doctors. Participants will receive a certificate.			
faculty	On 29 <sup>th</sup> of October, 2015 from 14:00 to 15:30 in Lecture room No.1 will be held a meeting			
Student programme				
	with WONCA representatives with students			
g 1:	Smoking in the halls, exhibition area, and registration area is prohibited.			
Smoking	ting Thank you for your cooperation!			



#### **PROGRAM REVIEW**

8:00-9:00	October 29, 2015							
	Kyrgyz National Philharmonia							
	Registration							
9:00-10:00	Opening of the Congress							
	Grand Hall of Philharmonia							
9:45-10:00	Video: On the front lines of healthcare: history, achievements, prospects and challenges of family medicine in							
	Kyrgyzstan.							
10:00-12:00	PLENARY SESSION							
	FAMILY MEDICINE: PAST, PRESENT AND FUTURE							
12:00-13:00	Coffee break							
	Kyrgyz State Medical Academy							
	<b>Registration 12:00 – 13:00</b>							
12:00-16:30	Exhibition of medicines and medical equipment (foyer, 1 <sup>st</sup> floor)							
12:00-16:30		Poster presentations (foyer, 2 <sup>nd</sup> f						
	Assembly hall	Conference room	Classroom No. 50, 2 <sup>nd</sup> floor, KSMA					
13:00–14:00	Lectures							
14:00 – 15:00	Family doctor schools	Symposium	Symposium					
	ROLE OF THE PHYSICIAN	HOW TO MOTIVATE	PROGRAMS FOR PREVENTION AND					
	TO COUNTER TORTURE AND VIOLENCE	STUDENTS TO BECOME FAMILY DOCTORS?	SMOKING CESSATION IN PRIMARY HEALTH CARE					
	AND VIOLENCE	with support of the project	HEALTH CARE					
15:00 – 16:00		"Initiatives in Medical						
	Lectures	Education"	Working session of FGPA					
			FAMILY MEDICINE IN					
16:00 – 17:00	Symposium	Symposium	KYRGYZSTAN					
	FEATURES OF PALLIATIVE CARE FOR GENERAL	ORGANIZATION OF GENERAL PRACTICE IN THE HIGH	With participation of coordinators from oblasts of the KR					
17:00 – 18:00	PRACTITIONERS	ALTITUDE						
18:00 – 18:30	Coffee Break							

08:00-09:00	October 30, 2015 Kyrgyz State Medical Academy Registration					
08:00- 16:30	Exhibition of medicines and medical equipment – foyer, 1 <sup>st</sup> floor)					
08:00- 16:30	Poster presentations – foyer, 1 <sup>st</sup> floor					
	Assembly hall	Conference room	Classroom No.50, 2 <sup>nd</sup> floor			
09:00 - 10:00 10:00 - 11:00	Kyrgyz-American symposium	Round table JOINT MEETING OF WONCA AND CIS FAMILY MEDICINE ASSOCIATIONS	Master class MODERN PAIN SYNDROME MANAGEMENT IN GP'S PRACTICE	Satellite Symposium TO HELP THE FAMILY DOCTORS with support of Gideon Richter Company		
11:00 – 12:00	Family Doctor School TB PATIENTS SEEN BY A FAMILY DOCTOR	Master class HYPOTENSIVE THERAPY IN GP's PRACTICE		TRAINING MODULES FOR PHYSICIANS		
12:00 -12:30	Coffee Break			Keeping patients with stable stenocardia.		
12:30 -13:00 13:00 -14:00	Kyrgyz-American symposium	Round table SCIENTIFIC RESEARCH IN FAMILY MEDICINE		Recommendations of the European Society of Cardiologists ESC 2013-2015 with support of the company "Takeda"		
14:00 -16:00	Lectures					
16:00 – 17:00	PLENARY SESSION ADOPTION OF RESOLUTION AND CLOSING OF THE CONGRESS					

#### October 29, 2015 Kyrgyz National Philharmonic Hall 08:00-09:00, Registration 09:00-10:00 Opening of the Congress Grand Hall, Philharmonia

Opening of the Congress – rector of I.K.Akhunbaev KSMA, member-correspondent of NAS of KR, Prof. A.Z. Zurdinov

Greeting speech by President of the KR A.Sh. Atambayev

Greeting speech by Minister of Health of the Kyrgyz Republic

Awarding the best family physicians in Kyrgyzstan

Greeting speech by President of the World Organization of Family Physicians, prof. Michael Kidd

Greeting speech the Ambassador Extraordinary and Plenipotentiary of Switzerland in Kyrgyzstan Mr. René Holenstein.

Greeting speech by Heads of the Central Asia and CIS Associations of Family Physicians.

#### Video:

On the front lines of healthcare: history, achievements, prospects and challenges of family medicine in Kyrgyzstan. - 12 min.

# October 29, 2015 Grand Philharmonic Hall 10.00 – 12.00, PLENARY SESSION FAMILY MEDICINE: PAST, PRESENT AND FUTURE Chairmen:

T.A. Batyraliev, N.N. Brimkulov, I.N. Denisov, Michael Kidd, S.T. Mukeeva

Achievements and challenges in the development of family medicine in Kyrgyzstan. - 20 min.

T.A. Batyraliev, N.N. Brimkulov, S.T. Mukeeva (Bishkek, Kyrgyzstan)

WONCA and family medicine in Central Asian countries – new opportunities and challenges. – 40 min.

President of WONCA, prof. Michael Kidd (Australia)

Organization of general medical practice in modern Russia. – 20 min.

President of the RF GPA, Academician I.N. Denisov, Executive Director RF GPA, Assistant Professor T.V. Zaugolnikova (Moscow, Russia)

Family medicine – starting the journey. – 40 min.

President-Elect WONCA, prof. Amanda Howe (Great Britain)

Foyer, 1<sup>st</sup> floor, KSMA
October 29, 2015 from 12:00 to 17:00
October 30, 2015 from 09:00 to 16:00
EXHIBITION OF MEDICINES AND MEDICAL EQUIPMENT

#### October 29, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 13:00 – 14:00, LECTURES

Moderators: prof. R.R. Kaliev, prof. M.S. Moldobaeva

Ciliary arrhythmia in practice of family physician. – 30 min.

E. Dj. Djishimbaev, d.m.s., Deputy director of National Center of Cardiology and Therapy named after M.M. Mirrahimov (Bishkek, Kyrgyzstan)

#### Group 1C antiarrhythmic drugs in atrial fibrillation and ventricular arrhythmia.

D. B. Goncharik, c.m.s., Leading Researcher, Laboratory of arrhythmias, RSPC "Cardiology" (Minsk, Belarus)

## October 29, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 14:00 – 14:30, School for Family Physicians ROLE OF THE PHYSICIAN TO COUNTER TORTURE AND VIOLENCE

with support of Coalition against torture of the Kyrgyz Republic Moderators: prof. M.Sh. Mukashev, c.m.s. B.K. Barktabasova

Medical documentation of all types of violence. – 30 min.

c.m.s. B.K. Barktabasova (Bishkek, Kyrgyzstan)

October 29, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 14:30 – 16:00, LECTURES

Moderators: prof. E.M. Mirrahimov, ass.prof. T.I. Galako

Pain in the heart: treatment from the psychiatrist's perspective. – 30 min.

Elmar Terauds, President of the Latvian Association of Psychiatrists, Director of the Riga Neuropsychiatric outpatient center, prof. of Department of Psychology and Addiction, the Pauls Stradins University (Riga, Latvia).

Maintain outpatient patients with coronary heart disease after Coronary Stenting. – 30 min.

c.m.s. J.V. Savchenko, National Center of Cardiology and Therapy named after M.M. Mirrahimov (Bishkek, Kyrgyzstan)

#### October 29, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 16:00 – 17:30, Symposium

#### FEATURES OF PALLIATIVE CARE BY A GENERAL PRACTITIONER

with support of Soros Kyrgyzstan Foundation

Moderators: prof. O.Yu. Kuznezova, prof. Odontuya Davaasuren, prof. G.D. Beishenbieva, prof. A.R. Djumabaev

General principles of palliative care in the practice of the family doctor. – 30 min.

Prof. Odontuya Davaasuren (Ulan-Bator, Mongolia)

Involvement of general practitioners of family medicine in palliative care to cancer patients at home. -10 min.

A.V. Zarenko, O.G. Shekera, Yu. I. Gubskii (Kiev, Ukraine)

The cooperation of the family doctor to a specialist in palliative care patients (in example of cancer patients). -10 min.

Prof. Kudaibergenova I.O., A. Kylychbekov (Bishkek, Kyrgyzstan)

Prospects for the development of out-patient palliative care (three year experience of the Branch Association of family physicians of Kazakhstan in Aktobe region). – 10 min.

T.P. Ostretsova, L.M. Jamaliev, A.Ya. Bijanova, A.M. Majekenova (Aktobe region, Kazakhstan)

Project development of outpatient palliative care in Kyrgyzstan. – 10 min.

d.m.n. L. Asanalieva, prof. A.R. Djumabaev (Bishkek, Osh, Kyrgyzstan)

Discussion.
Coffee Break

#### October 29, 2015 Lecture Hall No.1, 2<sup>nd</sup> floor, KSMA 14:00 – 15:30

#### **Meeting of WONCA executives with students**

#### **Moderators:**

Bolotkan uulu Nasyr – resident, post-graduate student, chairman of Scientific Society of Young Scientists and Students (NOMUS)

Chernomazova Elena – clinical resident, member of the board, NOMUS;

Atakanova Aisuluu – 6<sup>th</sup> year student of General Medicine faculty, deputy chairman, NOMUS; Zulaiha Isakova – 4<sup>th</sup> year student of General Medicine faculty, member of NOMUS.

Family medicine – starting the journey. – 45 min.

President-Elect - WONCA, prof. Amanda Howe (Great Britain)

Discussion.

#### October 29, 2015, 12:00 – 18:00 October 30, 2015, 9:00 – 17:00 Foyer, 2<sup>nd</sup> floor, KSMA

#### POSTER PRESENTATIONS

Moderators: d.m.s. N.E. Davletalieva, ass.prof. J.K. Isakova, ass.prof. M.I. Dvorkin, ass.prof. P.I. Matyushkov

Poster presentations will be posted on October 29, at 12:00. The speakers should be at their stands from 14:00 to 16:00 for discussion. The results of the discussions will be presented at the closing plenary meeting.

#### **QUESTIONS ON TRAINING OF FAMILY PHYSICIANS/GENERAL PRACTITIONERS**

The main directions of medical training reforms in Kyrgyzstan.

G.S. Orozalieva, I. Loutan, A.A. Azimova, D.K. Mambetalieva (Project "Initiatives in medical training", Bishkek, Kyrgyzstan)

Simulation training as the factor of professional development of GP (FM).

Yu.A. Kabirova, Ya.B. Hovaeva (Perm, Russia)

Prospects for the development of training programs for palliative care in Kyrgyz State Medical Institute for Retraining and Continuous Education, medical universities and medical colleges of the Kyrgyz Republic.

G.F. Pirnazarova (Bishkek, Kyrgyzstan)

The experience of the project on introduction of various forms of continuing medical Training of specialists in family medicine.

N.A. Rahmatova, M.A. Hamidova, K.I. Holbekov (Project of medical training reforms, Dushanbe, Tajikistan)

Early clinical exposure is in the form of the module "Man, Health and Society" for the 1<sup>st</sup> year students of the medical school.

S.J. Sydykova, T.K. Mergenbaeva, A.Sh. Kurumshieva, N.N. Brimkulov (Bishkek, Kyrgyzstan)

Evaluation of the learning environment of residents who undergoing specialized training in family medicine in Tajikistan.

Z. Kasymova, D. Menges, F. Twillert, K. Wiss, B. Ismatov (Project of medical training reforms, Dushanbe, Tajikistan)

Student assessment module "Introduction to Clinical Medicine".

S.A. Djanybekova, S.J. Sydykova, D.N. Atabaeva, Ch.S. Djumashalieva, N.N. Brimkulov (Bishkek, Kyrgyzstan)

Methodological role of educational and clinical centers and chairs in medical schools in improving the quality of teaching in family medicine.

T.C. Djabarova, I.S. Bandaev, S.R. Miraliev (Dushanbe, Tajikistan)

#### ISSUES ON ORGANIZATION IN FAMILY MEDICINE

Experience in project on outpatient palliative care in Osh city.

Prof. A.R. Djumabaev (Osh, Kyrgyzstan)

An innovative approach to improve the quality of medical services in health care organizations - primary health care.

A.A. Askerov (Bishkek, Kyrgyzstan)

Experience of implementing of regulations in rural medical ambulance.

N.M. Nurkina, D.S. Nugmanova, M.A. Karamshuk (Almaty, Kazakhstan)

Stages of implementation of general practice in Uzbekistan.

Ass.prof. N.A. Narmuhamedova, coordinator of project "Zdorovie", Tashkent Medical Academy (Tashkent, Uzbekistan)

The experience of the Kyrgyz Republic awareness-raising campaigns on access to opioids for patients in need of palliative care.

T. Sabyrbekova (Bishkek, Kyrgyzstan)

#### ISSUES OF CLINICAL MEDICINE

Early detection of metabolic syndrome in children and adolescents of Semey city.

A.A. Dyusupova (Semey, Kazakhstan)

A differential approach to the treatment of chronic pancreatitis.

L.A. Abdurahimova (Tashkent, Uzbekistan)

On the question of the role of the influence of climatic factors on the course of rheumatoid arthritis.

F.S. Razakova (Tashkent, Uzbekistan)

Risk factors for osteoporosis in high-altitude workers of the enterprise.

A.A. Mamajunusova, O.V. Lobachenko, N.N. Brimkulov (Bishkek, Kyrgyzstan)

The role of the sex hormones correction shifts to optimize prevention of rheumatoid arthritis.

F.S. Haidarov (Tashkent, Uzbekistan)

Early diagnostics of broncho-obstructive syndrome in adolescents in primary health care.

N.S. Zgotova (Semey, Kazakhstan)

Efficiency of antileukotriene drugs in the treatment of urticaria in children.

D.T. Abdullaeva (Tashkent, Uzbekistan)

Basic knowledge of family doctors on standards of diagnosis, tactics, treatment of urticaria and angioedema in the southern regions of Kyrgyzstan.

Sh.A. Sulaimanov, J.K. Muratova (Osh, Kyrgyzstan)

The role of secondary prevention of rheumatoid arthritis in a general practice.

H.S. Ahmedov (Tashkent, Uzbekistan)

Evaluating the effectiveness of the pilot project on introduction of rapid HIV testing saliva in prehospital stage.

A.S. Lamok (Bishkek, Kyrgyzstan)

Results of psychogenetic analysis of addictive disorders within the systemic family therapy.

T.M. Rojonov, I.N. Denisov (Moscow, Russia)

The incidence of metabolic syndrome in ethnic Kyrgyz men.

A.S. Kerimkulova (Bishkek, Kyrgyzstan)

Discussion.

#### October 29, 2015 Conference room, 2<sup>nd</sup> floor, KSMA

14:00 – 16:00, Symposium

## HOW TO MOTIVATE STUDENTS TO BECOME FAMILY DOCTORS? Supported by the project "Initiatives in Medical Education"

Moderators: prof. A.Z. Zurdinov, assistant professor T.V. Zaugolnikova, prof. Louis Loutan

Training of general practitioners (family doctors) in conditions of reforms of the Russian education. -15 min.

T.V. Zaugolnikova– Assistant professor of the Family Medicine Department, 1-st MSMU named after Sechenov, Executive Director, RF GPA,

About the development and implementation of the new generation state standard for training of general practitioners in Kyrgyzstan. – 15 min.

A.Z. Zurdinov, N.N. Brimkulov, I.J. Satylganov, N.E. Davletalieva (Bishkek, Kyrgyzstan)

Experience in training of general practitioners in Uzbekistan. View of 10 years later. – 15 min.

Ass.prof. R.K. Dadabaeva, Department #2 on training and re-training of GPs, Chair of the Republic of Uzbekistan GPA (Uzbekistan, Tashkent).

Improving of the system of postgraduate education of family medicine specialists in Tajikistan. – 15 min.

H.K. Hisomova, Z.A. Mirzoeva,

Institute of Postdiploma Training in public health of Tajikistan (Dushanbe, Tajikistan)

On training of family doctors in Switzerland. - 15 min.

Prof. Louis Loutan – University of Geneva, Faculty of Medicine (Geneva, Switzerland)

#### Discussion.

Discussion of the project Definitions of Family Medicine/General Practice

#### October 29, 2015 Conference room, $2^{nd}$ floor, KSMA 16:00-17:00, Symposium

## FEATURES OF THE ORGANIZATION OF GENERAL MEDICAL PRACTICE IN HIGH ALTITUDE

Moderators: prof. Brimkulov N.N., c.m.s. A.A. Doolotova, prof. A.Sh. Sarybaev

Family medicine in Naryn region: the impact of the high altitude. – 15 min.

A.K. Berdikojoeva, Naryn oblast Center for Family Medicine (Naryn, Kyrgyzstan)

The experience of the medical service of Kumtor in ensuring effective labor activity in conditions of extreme high altitude. – 15 min.

A.A. Doolotova, Redding-Jones Rupert (Bishkek, Kyrgyzstan)

On the issue of the selection of persons to work at high altitudes. – 15 min.

A.Sh. Sarybaev (Bishkek, Kyrgyzstan)

Acute mountain sickness in the family doctor's practice: diagnosis and treatment. – 15 min.

N.N. Brimkulov (Bishkek, Kyrgyzstan)

Discussion.

#### October 29, 2015 Room No.50, 2<sup>nd</sup> floor, KSMA 14:00 – 15:00, Symposium

#### PROGRAMS FOR PREVENTION AND SMOKING CESSATION IN PRIMARY HEALTH CARE

Moderators: Arvid Nyberg (Finland), Ch.B. Bekbasarova, A.D. Kalieva

Strategy on prevention and smoking cessation policy in the Kyrgyz Republic: what is done?—15 min.

Ch.B. Bekbasarova, National Coordinator on Tobacco Control, Ministry of Health (Bishkek, Kyrgyzstan)

On the participation of the family physician in the smoking cessation patient. -15 min.

A.D. Kalieva, Coordinator Kyrgyz-Finnish project on the prevention of smoking (Bishkek, Kyrgyzstan)

Finland's experience on the prevention of smoking. – 15 min.

Arvid Nyberg – Finnish Association of Lung Health (Finland)

Family physician in the diagnosis and treatment of tobacco dependence. – 15 min.

N.N. Brimkulov (Bishkek, Kyrgyzstan)

Discussion.

#### October 29, 2015 Room No.50, 2<sup>nd</sup> floor, KSMA 15:00 – 17:00, Working session FGPA FAMILY MEDICINE IN KYRGYZSTAN

With participation of coordinators from all oblasts of KR

Moderators: prof. Michal Kidd, prof. T.A. Batyraliev, prof. N.N. Brimkulov, prof. Sh.A. Sulaimanov, S.T. Mukeeva

Health coordinators from all oblasts participate: M.A. Aliyaskarov (Naryn oblast), E.S. Asylbekov (Chui oblast), M.O. Miyanov (Jalal-Abad oblast), E.A. Satylkanov (Issyk-Kul oblast), Sh.M. Kojobekova (Osh oblast), A.M. Shadiev (Talas oblast), O.T. Temirov (Batken oblast).

Report on activity of the FGPA activity for 2010-2015.

S.T. Mukeeva, Executive Director, KRFGPA.

What I would say about family medicine...

B.D. Duishenaliev, Head, Group of Family Doctors, Village Vasilyevka, Alamedin district

Prospects of family medicine in Osh oblast of Kyrgyzstan.

Prof. S.A. Sulaimanov, Olbast Health Coordinator (Osh).

Foundation of Centers of family medicine in Alai district.

A. Alimkulov, A. Suranova, Center of family medicine, Alai district (Gulcha, Osh oblast)

Issues of family doctors certification. Role of the oblast health coordinators in the development of family medicine in Kyrgyzstan.

N.N. Brimkulov, Vice-rector, I.K. Akhunbaev KSMA, Chairman of the FM Certification Commission of the Ministry of Health of the KR

Discussion, making decisions

#### October 30, 2015 Assembly Hall, 3rd floor, KSMA 09:00 – 11:00, Kyrgyz-American symposium

Chairmen: Lesca Hadley, R.R. Kaliev

Rhesus Screening as a Strategy for Reducing the Incidence of Cerebral Palsy in Kyrgyzstan. -40 min.

Dr. Nicholas Woolfield, STLI (Karakol, Kyrgyzstan)

How to Determine if a Patient without Cancer is Appropriate for Hospice and Palliative Care? -40 min

Dr. Lesca Hadley, Southwestern Medical Center, University of Texas (Dallas, Texas)

Cognitive Medical Errors. – 40 min.

Dr. Alexander Shikarenko, Director, International Medical Center (Almaty, Kazakhstan)

## October 30, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 11:00 – 12:00, School of Family Physician TUBERCULOSIS IN PRACTICE OF FAMILY PHYSICIAN

with support of the USAID project "Defeat tuberculosis"

Moderators: A.S. Ibraimova, A.S. Kadyrova, T.Ch. Chubakov

The contribution of family doctors in TB control – 15 min.

K.A. Dushimbieva, R.H. Adilbekova (Bishkek, Kyrgyzstan)

Late diagnosis of TB. Demonstration of clinical case - 15 min.

N.I. Kusyakova, A.A. Toktogonova (Bishkek, Kyrgyzstan)

Adherence to the treatment of TB. Interactive analysis of clinical treatment failure - 30 min.

A.A. Toktogonova, R.H. Adilbekova (Bishkek, Kyrgyzstan)

12:00 – 12:30 Coffee Break

#### October 30, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 12:30-14:00, Kyrgyz-American Symposium

Chairmen: Lesca Hadley, N.E. Davletalieva

The Present Day Black Bag Doctor: the Family Doctor's Role in Geriatric Medicine. – 40 min.

Dr. Allison Peddle, John Peter Smith Hospital (Fort Worth, TX, USA)

Case-based Teaching and Faculty Development. – 40 min.

Prof. Dr. Lesca Hadley,

The University of Texas Southwestern Medical Center at Dallas (Texas)

#### October 30, 2015 Assembly Hall, 3<sup>rd</sup> floor, KSMA 14:00 – 16:00, LECTURES for family physicians

Moderators: prof. E.M. Mirrahimov, prof. R.R. Kaliev

An elderly patient with comorbidity at the family physician reception. – 30 min.

c.m.s. G.M. Baitova, Head of Gerontology courses, Kyrgyz State Medical Institute for Retraining and Continuous Education (Bishkek, Kyrgyzstan)

Familial hypercholesterolemia: diagnosis and management of patients. – 30 min.

c.m.s. V.K. Zventsova, National Center of Cardiology and Therapy named after M.M. Mirrahimov (Bishkek, Kyrgyzstan)

Insulin therapy in Family Physician's practice.

Prof. M.S. Moldobaeva, KSMA (Bishkek, Kyrgyzstan)

Non-communicable diseases, risk factors and implementation of basic measures for NCDs (PEN Protocol) in KR.

A.T. Altymysheva, National Center of Cardiology and Therapy named after M.M. Mirrahimov (Bishkek, Kyrgyzstan)

Renoprotection and prevention.

Prof. R.R. Kaliev, KSMA (Bishkek, Kyrgyzstan)

#### October 30, 2015 Conference room, 2<sup>nd</sup> floor, KSMA 09:00 – 11:00, Round Table

#### JOINT MEETING OF WORLD ORGANIZATION OF FAMILY PHYSICIANS - WONCA AND CIS COUNTRIES' ASSOCIATIONS OF FAMILY MEDICINE

Moderators: President, WONCA, prof. Michael Kidd;

Ass.prof. S.T. Mukeeva, executive director, Association of group of family physicians and family medicine (Bishkek);

Prof. O.Yu. Kuznezova, vice-president, Russian Association of General Practitioners; Head, Chair of Family Medicine, North-Western State Medical University named after I.I. Mechnikov (Saint-Petersburg);

Prof. D.S. Nugmanova, President, Association of Family Physicians of Kazakhstan, (Almaty)

## Global activity of WONCA: The role and potential of family medicine in improving the health care system. -30 min.

Prof. M.Kidd, President, WONCA (Australia)

## Partners of WONCA and WONCA Europe: development of family medicine through international cooperation. – 30 min.

Prof. Job Metsemakers, President of WONCA Europe (Netherlands)

#### The system of organization of general practice in Russia. – 8 min.

Prof. O.Yu. Kuznezova, vice-president, Russian Association of General Practitioners; Head, Chair of Family Medicine, North-Western State Medical University named after I.I. Mechnikov (Saint-Petersburg)

#### The development of family medicine in Kazakhstan. - 8 min.

Prof. D.S. Nugmanova, President, Association of Family Physicians of Kazakhstan, (Almaty, Kazakhstan)

#### Family medicine development in Ukraine – Problems and prospects – 8 min.

Prof. O.G. Shekera, Director of the Family Medicine Institute NMAPE named after P.L. Shupik, President of the International Association "Healthy Society" (Kiev, Ukraine)

#### Development of general practice in the Republic of Belarus. – 8 min.

Prof. L.S. Bogush, Chief Specialist, Ministry of Health; Head, Chair of General Medical Practice Department, Belarusian Medical Academy of Post-Graduate Education (Belarus).

#### The reform in primary health care and improving the quality of health services. -8 min.

B.T. Odilova, Chief Specialist, Ministry of Health, Chair of GP retraining department, Tashkent Institute of Postgraduate Medical Education (Tashkent, Uzbekistan)

#### Lithuania experience in the reform of primary health care. - 8 min.

Prof. Arnoldas Jurgutis (Klaipėda University, Lithuania)

Discussion and adoption of the Resolution on cooperation in family medicine. Discussion involving representatives of the Association of General Practitioners and Family Physicians of Belarus, Kazakhstan, Kyrgyzstan, Lithuania, Russia, Tajikistan, Uzbekistan, Ukraine, and WONCA.

#### October 30, 2015 Room No.50, 2<sup>nd</sup> floor, KSMA

#### 09:00 - 10:00, Master class

#### MODERN PAIN SYNDROME MANAGEMENT IN PRACTICE OF GENERAL **PRACTITIONERS**

Prof. George SAVOLDELLI (Geneva, Switzerland) Ass.Prof. O.V. Lobanchenko (Bishkek, Kyrgyzstan)

#### October 30, 2015 Conference room, 2<sup>nd</sup> floor, KSMA 11:00 – 12:00, Master class

#### HYPOTENSIVE THERAPY IN PRACTICE OF GENERAL PRACTITIONERS

Prof. Mathieu NENDAZ (Geneva, Switzerland) D.m.s., T.A. Romanova (Bishkek, Kyrgyzstan)

#### Management of patients with hypertension in the light of new clinical guidelines. -15 min.

T.A. Romanova, Head of Department, National Center of Cardiology and Therapy named after M.M. Mirrakhimov (Bishkek, Kyrgyzstan)

Presentation of clinical cases.

#### October 30, 2015 Conference room, 2<sup>nd</sup> floor, KSMA 13:00 - 14:30, Round table SCIENTIFIC RESEARCH IN FAMILY MEDICINE

Moderators: Prof. N.N. Brimkulov, Prof. O.Yu. Kuznetsova, Prof. O.G. Shekera

#### Participation of family doctors in research: example of Russia. – 15 min.

Prof. O.Y. Kuznetsova – Vice-President, Russian Association of General Practitioners; Head, Chair of Family Medicine, North-Western State Medical University named after I.I. Mechnikov (Saint-Petersburg)

Research in the family medical practice. – 15 min.

Prof. Louis Loutan (Geneva)

#### On training of the highly qualified specialists in family medicine in Ukraine. – 15 min

Prof. O.G. Shekera,

Director of the Family Medicine Institute NMAPE named after P.L. Shupik, President of the International Association "Healthy Society" (Kiev, Ukraine)

#### On the establishment of a scientific specialty "Family medicine" in Kyrgyzstan. – 10 min.

Prof. N.N. Brimkulov (Bishkek);

Discussion and adoption of the Appeal towards support of the establishment of a scientific specialty "Family Medicine"

#### SATELLITE SIMPOSIUM

#### October 30, 2015, 9:00-11:00 TO HELP THE FAMILY PHYSICIANS

with support of Gideon Richter Company

Place: Conference Hall, "Salkyn Tor" Restaurant

Address: Bishkek, microdistrict "Ulan" 7/1, (str. Akhunbaev / Shabdan Batyr)

Atherosclerosis: focus on statins.

d.m.s. A.G. Polupanov

Current approaches to diagnosis and treatment of chronic heart failure.

d.m.s. I.K. Moldotashev

Discussion.
Official Buffet.

Association of Family Physicians of Kazakhstan Chair of Family Medicine, Kazakh National Medical University named after S.D. Asfendiyarov (Head of Chair, d.m.s., prof. D.S. Nugmanova, ass.prof. E.B. Ujegova, ass.prof. N.M. Nurkina)

#### TRAINING MODULE FOR FAMILY PHYSICIANS

October 30, 2015, 11:20-15:50

Management of patients with stable stenocardia.

Recommendations of European Society of Cardiologists ESC 2013-2015

with support of Company "Takeda"

Place: Ceremonial Hall "Everest", Bishkek city, 2, Sovetskaya str.

**Greeting words** - 11:20 - 11:25

**Lecture** "Management of the patients with stable angina. Recommendations of European Society of Cardiologists ESC 2013-2015". – 40 min.

Prof. D.S. Nugmanova (Almaty, Kazakhstan)

**Training station No.1 -** 13:05-13:45

Identification and management of the patients with stable angina. – 40 min.

Ass.prof. E.B. Ujegova

**Training station No.2** - 13:45-14:25

What does our patient need after myocardial infarction? - 40 min.

Ass.prof. N.M. Nurkina

**Seminar – feedback. Awarding of certificates. –** 50 min.

Prof. D.S. Nugmanova

LUNCH - 15:15 - 15:50

October 30, 2015
Assembly Hall, KSMA
16.00 – 17.00 CLOSING PLENARY SESSION

The adoption of resolution and closing of Congress.



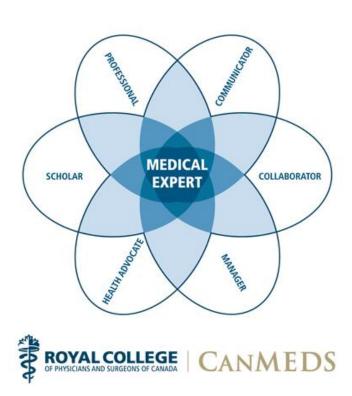


Diagram: Physician Competency Framework describes the knowledge, skills and abilities that specialist physicians need for better patient outcomes\*.

\*http://www.royalcollege.ca/portal/page/portal/rc/canmeds/framework



#### «Кыргыз Республикасында медициналык билим берүүнүн реформалары» долбоору

#### Проект «Реформы медицинского образования в Кыргызской Республике»

#### Medical Education Reform in the Kyrgyz Republic project



Swiss Confederation









#### Contacts:

Gulzat Orozalieva, Head of the project, Kyrgyz Republic, Bishkek city, 19, Razzakova str. room No. 401

Tel.: +996 (312) 398296, Cell: +996 (557) 701082, e-mail: ime@ime.org.kg The project "Medical Education Reform" (project MER) is funded by the Embassy of Switzerland. Technical support is rendered by international experts from University Hospital of Geneva (HUG) and the Faculty of Medicine of the University of Geneva (UNIGE).

#### **Objective:**

- Assistance to the Ministry of Health and local partners in the realization of the reform of medical education;
- Improving the quality of medical personnel training at all levels of medical education: undergraduate, graduate and post-graduate.

#### The basic directions of the activity:

MER project was initiated in 2008. Initially, the project's efforts are fully concentrated on supporting the reform of undergraduate medical education. Since 2013 began the promotion to measures on the reform of the post-graduate and continuing medical education.

#### At the undergraduate level:

- completely revised and updated curriculums of the first four years of study and made substantial and important changes in teaching methods;
- developed catalogue of competences of medical school graduate on a specialty "General practitioner";
- established and equipped two centers for clinical skills;
- implemented an electronic monitoring system of quality of the educational process and students' knowledge and established an electronic library.
- conducted a large number of seminars and working groups have been actively involved in the reform process.

#### The reform of post-graduate and continuing medical education:

- conducted an assessment in the health care needs of the country for specialists in various fields, studied the potential of clinical bases;
- supported the development of the Strategy of reforming the post-graduate and continuing medical education in Kyrgyzstan for 2014-2020;
- Supported the revision of curriculums and the development of Catalogue of competencies of the general practitioner;
- launched a pilot project in Naryn oblast on developing mechanisms of decentralization of post-graduate training of residents in the specialty "general practitioner" / "family doctor" in the regions.

#### Opinion of family physicians in Kyrgyzstan

Kaliya Baigeldieva, high category family physician, village Chyrpykty, Issyk-Kol district,



I graduated from General Medicine faculty of Kyrgyz State Medical Institute in 1984. Since 1999, I have been working as a family physician. I had graduated course of Family Physician in Karakol city in 2000 and was awarded a certificate. I am satisfied with my profession because family physicians are in demand in village area. As far as I am the only one family physician in a village I face a lot of responsibilities. Sometimes I take deliveries at home, sometimes carry out surgical interventions, and look after a baby in fever all night long. Clinical protocols help me in my work and I always work on the basis of clinical protocols. In my opinion, the village medical service has been changed a lot and the reason of that is my presence in the village as a family physician.

Village medical assistant office was renewed and reconstructed completely. In 2005 I wrote a project and as a result of it I opened pharmacy. In 2006, I won a project of ARIS and I purchased furniture and some medical equipment for medical assistance office. I purchased portative ECG apparatus and now I consult all the habitants of the village in cardiovascular diseases. My hardworking days are estimated highly that in 2009 I was

awarded a medal of "For Excellence in public health care".

Expect the issues of population's health I also help to solve family problems. I became a member of every family, if they are in trouble I am in tension, and if they are happy I feel happiness too. I have a respectful relationship with people. Yes people are thankful for your efforts and it causes disappointment when government does not appreciate it. The salary is very low, it is shame to pronounce the sum and it is difficult to survive in wages of family physicians. Despite of all mentioned problems I am still loving my profession and continuing working in my village.

## The clinical director of family physicians group (FPG) of Vasilevka village of Alamudun district, high category family physician Bazarkul Duyshenaliev

PHC today - the weakest link in our health care system, which requires a radical revision of the relationship on the part of the Ministry of Health, and the entire society. If nothing changes after 5 years will be a massive close of FAP, GFD and denude the rural health care, because 70% of family physicians and 20% of pension and pre-retirement age, because they have low wages (5-7 thousand soms), because it did not increasing costs of the health budget on the development of primary health care, because 13 thousand of the population accounts for only 2 family physician, one dentist and one 70-year-old , because young professionals do not go to the village, because there is nobody waiting and it does not give them any conditions and a lot of different "because" that just killed the last faith in people ...





Nurgul Jusumamatova, high category family physician, Osh city Family Medicine Centers (FMC) No.1, branch No.8,

Yes, it is difficult to work as a family physician in Kyrgyzstan due to the unstable political and economic situation and the low wages, it requires stamina and work. But, I never regret to become a family physician because my wishes are true and white as my white gown, and I am kind hearted, responsible, and hoping for the best future. Healthy people – healthy nation. Family physician is a consultant of every family and assistant, always near in their troubles. This profession is difficult but very respectful and therefore I am proud to be a family physician.



#### **PROJECT**

## **Defeat Tuberculosis**





NGO helps people to identify the diseases among population with symptoms of TB

**Duration:** 2014-2019

**Budget:** \$12,730,120

**Executive:** Consortium of partners, head is

Abt Associates Inc.

**Key partners:** 

Ministry of Health of the KR

Geographical area:

Overall country

**Contacts in USAID:** 

Chinar Kamarli, Curator of the project
The Kyrgyz Republic,

720016, Bishkek c., Manas avenue, 171

Телефон: +996 312 55 12 41 E-mail: <u>ckamarli@usaid.gov</u>

Contacts of executive organization:

Roza Adilbekova,

Deputy director of the project 720040, Bishkek c., 52-54, Oriozbekov str., 3<sup>rd</sup> floor

e-mail: rzadilbekova@gmail.com

#### Web-sites:

www.usaid.gov/kyrgyz-republic http://www.abtassoc.com

#### **Activity Goal**

To reduce the burden of tuberculosis (TB) and the development of drugresistant TB in the Kyrgyz Republic and support universal and equitable access to high quality TB services for vulnerable populations through a strengthened and sustainable health system.

#### **Activity Major Focus Areas**

The Project will work on all levels of the health care sector with community and government, to improve TB case-finding and treatment results, through overall support to the National Tuberculosis Program in implementing the Den Sooluk-2020 Health Care Strategy on TB. The Project will support an overall shift to patient-centered care for tuberculosis.

Major focus areas will include the following:

- -Work with community groups and NGOs to improve access to TB diagnosis and treatment and improve treatment adherence with focus to vulnerable groups
- -Training and capacity building for health care workers to improve their knowledge and capacity to contribute to diagnosis and treatment of tuberculosis, as per the recently-updated National clinical practice guidelines, which are based on WHO recommendations
- -Support for laboratory quality improvement
- -Support for drug management
- -Technical assistance on implementation of electronic data collection systems for TB, and on use of the collected data for decision-making
- -Technical assistance on infection prevention and control on the hospital and PHC levels
- -Technical assistance to SES and MHIF, to ensure policies are in line with and encourage implementation of National clinical practice guidelines
- -Building linkages between the TB and PHC services, general hospitals, HIV vertical system, and the penitentiary system towards improved TB outcomes
- -Cooperation with local government and national government agencies outside of the health care sector to improve overall support for TB patients
- -TA and policy dialogue to improve the legal and regulatory environment and health financing systems to improve TB outcomes

#### **Activity Expected Impact**

Sustainable systems will be put in place to contribute to reductions in the tuberculosis epidemic, including the spread of MDR in the Kyrgyz Republic.

#### CONGRESS SPONSORS

























CJSC "Kumtor Gold Company" - leading gold mining enterprise of the country. Since the launch of the production share of "Kumtor" in the volume of industrial production in Kyrgyzstan is more than 20 percent per year, while the share of the country's GDP - about 7%. Today the "Kumtor" - a high-tech, socially responsible company that respects international standards of environmental safety.

"Soros-Kyrgyzstan" Foundation (SKF) - international non-governmental private foundation - seeks to create conditions in the Kyrgyz Republic for the construction of an open society by supporting the development of public institutions and initiatives in all spheres of public life. The founders of the Foundation are the Open Society Foundations, headed by George Soros, a financier of global scale and world-renowned philanthropist. The Foundation started its work in the country since 1993.

**STLI** – develops people in order to develop their country. Our agency has been working in Kyrgyzstan for over 20 years in the areas of education, healthcare and business development. Tel.: 0312-315-062, E-mail: info@stli.org, www.stli.org

Coalition against torture - established in the Kyrgyz Republic in 2011 and is an informal association of non-profit organizations, civil society activists, lawyers and supporters, united to prevent and struggle against torture and cruel treatment.

Family Medicine Clinic «Eldik» – Developing leadership in the sphere of family medicine with the aim of primary health care provision based on the principles of evidence-based medicine to Kyrgyzstan's population. Our new center opened in November 2015, the corner of Bokonbaev and Molodaya Gvardia str., tel.: 0312-651165

Gedeon Richter (Hungary) - the world's leading producer of highly effective and safe drugs of different groups. The company complies with international standards and exports finished dosage forms in the United States, Japan, Europe and the CIS. Tel.: 0312 90-01-02; 0312 90-01-03; 0312 54-92-93. E-mail: richter@saimanet.kg

JSC «OlainFarm», (Latvia) - one of the largest companies in the Baltic States with more than 40 years of experience in the production of pharmaceuticals. JSC "OlainFarm" today - a high-tech, highest quality standards, more than 90 kinds of medicines, including the original, export to 29 countries. Our goal - to provide the population with high-quality, effective and safe medicines.

"Takeda" - the largest pharmaceutical company in Japan, one of the global leaders of the industry, 12th in the world ranking in the segment of prescription drugs. The company has a diversified portfolio that includes more than 100 medicines of general and specialized treatment, branded generics and non-prescription medicines.

OOO NPF "Materia Medica Holding" is one of the largest Russian innovative pharmaceutical company that develops, manufactures and markets non-prescription peroral medications. For the development, implementation into production and clinical practice of a new class of highly effective drugs to a number of employees were awarded the Prize of the Russian Government in the field of science and technique.

NOBELFARMA, Founded in 1964, in Turkey and entered in the ULKAR HOLDING in 2000, is endorsed by the EU producer of finished dosage forms with a capacity of 225 million units per year, exported to 44 countries around the world. Contacts of the agency: Bishkek city, 115a, Ibraimov str., Business Center "Dordoy-Plaza", 4th floor, room. 4-2, Tel .: 0 (312) 69-06-58, Email: nobelkg@mail.ru

"Santo Member of Polpharma Group" leader among Kazakh manufacturers of pharmaceuticals and part of the international pharmaceutical group Polpharma, working in the markets of Central and Eastern Europe, the Caucasus and Central Asia. An integral part of the company's strategy is a sense of social responsibility. The company's slogan: "People care about people!"